# शहीद धर्मभक्त राष्ट्रिय प्रत्यारोपण केन्द्र नेपाल स्वास्थ्य सेवा, मेडिकल ल्याब टेक्नोलोजी समूह, सहायक पाँचौ तहको प्रतियोगितात्मक परीक्षाको लागि पाठ्यक्रम

# एवं परीक्षा योजना

यस पाठ्यक्रम योजनालाई द्ई चरणमा विभाजन गरिएको छ:

प्रथम चरण :- लिखित परीक्षा (Written Examination) पूर्णाङ्क :- १००

**द्वितीय चरण :-** अन्तर्वार्ता (Interview) पूर्णाङ्क :- २०

# प्रथम चरण (First Phase) : लिखित परीक्षा योजना (Written Examination Scheme)

पत्र	विषय	पूर्णाङ्क	उतीर्णाङ्क	परी	क्षा प्रणाली	प्रश्नसंख्या X अङ्क	समय
प्रथम	Technical Subject	900	४०	वस्तुगत	बहुवैकल्पिक प्रश्न	५० प्रश्न x२ अङ्क	४५ मिनेट

### द्वितीय चरण (Second Phase)

विषय	पूर्णाङ्क	परीक्षा प्रणाली
अन्तर्वार्ता	२०	मौखिक

#### दष्ट्रव्य

- 9. यो परीक्षा योजनालाई प्रथम चरण (लिखित परीक्षा) र द्वितीय चरण (अन्तर्वार्ता) गरी दुई चरणमा विभाजन गरिएको छ ।
- २. लिखित परीक्षाको माध्यम भाषा नेपाली वा अंग्रेजी अथवा नेपाली र अंग्रेजी दुवै हुनेछ ।
- ३. परीक्षामा सोधिने प्रश्नसंख्या, अङ्क र अङ्कभार यथासम्भव सम्बन्धित पत्र/विषयमा तोकिए अनुसार हुनेछ ।
- ४. वस्तुगत बहुवैकल्पिक (Multiple Choice) प्रश्नहरुको गलत उत्तर दिएमा प्रत्येक गलत उत्तर बापत २० प्रतिशत अङ्ग कट्टा गरिनेछ । तर उत्तर निदएमा त्यस बापत अङ्ग दिइने छैन र अङ्ग कट्टा पिन गरिने छैन ।
- ५. बहुवैकित्पिक प्रश्नहरु हुने परीक्षामा कुनै प्रकारको क्याल्कुलेटर (Calculator) प्रयोग गर्न पाइने छैन ।
- ६. यस पाठ्यक्रम योजना अन्तर्गतका पत्र/विषयका विषयवस्तुमा जेसुकै लेखिएको भए तापिन पाठ्यक्रममा परेका कानून, ऐन, नियम तथा नीतिहरु परीक्षाको मिति भन्दा ३ महिना अगािड (संशोधन भएका वा संशोधन भई हटाईएका वा थप गरी संशोधन भई) कायम रहेकालाई यस पाठ्कममा परेको सम्भन् पर्दछ ।
- ७. प्रथम चरणको परीक्षाबाट छनौट भएका उम्मेदवारहरुलाई मात्र द्वितीय चरणको परीक्षामा सम्मिलित गराइनेछ ।
- पाठ्यक्रम लागू मिति :-

# शहीद धर्मभक्त राष्ट्रिय प्रत्यारोपण केन्द्र

# नेपाल स्वास्थ्य सेवा, मेडिकल ल्याब टेक्नोलोजी समूह, सहायक पाँचौ तहको प्रतियोगितात्मक परीक्षाको लागि पाठयक्रम

# Paper I: Technical subject

### 1. Haematology

- 1.1 Cleaning of glass wares and safety precaution in the laboratory
- 1.2 Collection and preservation of different samples for the laboratory
- 1.3 Preparation of chemicals and different stains for the Hematological tests
- 1.4 Quality control in the laboratory
- 1.5 Formation and development of Erythrocytes, Leucocytes, thrombocytes
- 1.6 Principle and clinical procedure for:
  - 1.6.1 Hemoglobin estimation and it's standard curve calibration
  - 1.6.2 Total count of W.B.C., R.B.C., Platelets and reticulocytes
  - 1.6.3 E.S.R., B.T., C.T., and RBC indices
  - 1.6.4 Coomb's tests
  - 1.6.5 Blood banking & Transfusion
  - 1.6.6 Coagulation profile (mechanism, disorder & investigations)
  - 1.6.7 Tissue parasite

### 2. Microbiology

- 2.1 Bacteriology
  - 2.1.1 Classification of medically important bacteria
  - 2.1.2 Characteristics of Microorganism: Prokaryotes, Eukaryotes, Viruses
  - 2.1.3 Different methods of sterilization and disinfections
  - 2.1.4 Preparation of different media and ingredients uses and interpretation
  - 2.1.5 Preparation of chemicals and stains
  - 2.1.6 Cultural procedure of different samples aerobically
  - 2.1.7 Identification of bacteria and confirmative tests serologically and biochemically
  - 2.1.8 Different staining methods of bacteria and their principles
  - 2.1.9 T.B. Bacteriology and skin scraping for A.F.B
  - 2.1.10 Quality control in Bacteriology Laboratory
  - 2.1.11 The universal precaution in microbiology laboratory and safe waste disposal of infected materials

# 2.2 Virology

2.2.1 General properties of virus comparing with bacteria, terminology used in virology and basic laboratory procedure used in the diagnosis of viral disease

### 2.3 Parasitology

- 2.3.1 Classification of medically important:
  - 2.3.1.1 Protozoal parasite
  - 2.3.1.2 Helminthic parasites
  - 2.3.1.3 Blood parasites
- 2.3.2 Methods of identification of different parasites from stool samples by:
  - 2.3.2.1 Wet preparation
  - 2.3.2.2 Concentration methods
  - 2.3.2.3 Cultural methods
- 2.3.3 Method of identification of blood parasites
- 2.3.4 Routine Examination and special test in Urine

# शहीद धर्मभक्त राष्ट्रिय प्रत्यारोपण केन्द्र

# नेपाल स्वास्थ्य सेवा, मेडिकल ल्याब टेक्नोलोजी समूह, सहायक पाँचौ तहको प्रतियोगितात्मक परीक्षाको लागि पाठयक्रम

- 2.4 Mycology
  - 2.4.1 Terminologies used in mycology sample collection for fungal infection (skin scarping, nails and hair) and method of wet preparation
- 2.5 Immunology
  - 2.5.1 Principle and procedure for the estimation of:
    - 2.5.1.1 V.D.R.L., (RPR)
    - 2.5.1.2 A.S.O.
    - 2.5.1.3 C.R.P.
    - 2.5.1.4 Rheumatoid factor
    - 2.5.1.5 ELISA Test
    - 2.5.1.6 Blood Grouping

### 3. Biochemistry

- 3.1 Define of mol. wt and eq. wt
- 3.2 Preparation of normal and molar solution
- 3.3 Colorimeter/spectrophotometer
- 3.4 Principle and procedure of different methods for the estimation of biochemical tests
  - 3.4.1 Sugar, Urea, Creatinine, Uric Acid, LFT Amylase
  - 3.4.2 Cavity fluids examination
  - 3.4.3 C.S.F examination
  - 3.4.4 24 hours Urine Protein
- 3.5 Simple theory of lights waves, function of filters Beers and Lamberts law, absorbance and percent transmission
- 3.6 The lab hazards and precautions to be taken while working in clinical Biochemistry lab

### 4. Anatomy and physiology

- 4.1 Important anatomical terminologies
- 4.2 The composition and function of blood
- 4.3 The structure and functions of alimentary canal, digestive system, circulatory system, urinary system & respiratory system

### 5. Histology/Cytology

- 5.1 Different types of fixatives and their uses
- 5.2 Methods of decalcification
- 5.3 Methods of processing of tissues to prepare paraffin block tissue
- 5.4 Methods of cutting section from the paraffin block tissue and staining Procedure

### 6. Human Organ donation and transplantation

- 6.1 Basic concept of solid organ donation and transplantation
- 6.2 Screening tests for Transplantation
- 6.3 Transplant related medications and their monitoring in blood

### 7. Human Organ Transplant Act and Regulations

- 7.1 Human Organ Transplantation (Regulation and Prohibition) Act- 2055
- 7.2 Human Organ Transplantation (Regulation and Prohibition) Act- 2072
- 7.3 Human Organ Transplantation Regulations- 2073

### 8. General Knowledge on Shahid Dharmabhakta National transplant Center